







WATT'S FOR LUNCH? FUEL YOUR DAY WITH A HEALTHY SCHOOL LUNCH

| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------|---|---|--|--|--|
| Main Dish | Spaghetti Bolognese & Garlic bread | Shepherd's Pie | Roast Pork, Yorkshire puddings and gravy with crispy roast potatoes | Chicken Tikka masala & Rice | Fish of the day served with chunky chips |
| Vegetarian Main Dish | Vegetarian Bolognese & Garlic Bread | Pizza of the day with baked potato wedges | Quorn/vegan sausage with gravy and crispy roast potatoes | Macaroni cheese with Garlic bread. | Bean & Cheese wrap with chunky chips |
| Accompaniments | Sweetcorn & garden peas  | Carrots & Beans | Cauliflower & broccoli  | Green beans & crisp fresh salad | Mushy peas & baked beans |
| Street Food | Cajun chicken In a pitta | BBQ chicken wings | Oriental chicken burrito | Chipotle chicken pitta | Panko coated chicken With katsu sauce |
| One pot Daily Special | Basilico pasta | Firecracker chicken & rice | Hoi sin pork noodles | Chicken Torino pasta | Vegetable Rogan josh & rice |
| Dessert | Mango & Banana muffin  | Apple Cracknell & custard | Coconut & sultana flapjack | Gingerbread cake custard  | Chocolate marble cake |

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| KEY |  - 1 OF YOUR 5 A DAY |  - CHEF'S CHOICE |
| |  - MEAT-FREE MONDAY |  - PLANT-BASED (VEGAN) |



MENU