



Ref: LJWVJWIAKW

8 February 2022

Dear Parent / Carer

Your child is due to take part in Relationships and Sex Education lessons as part of the Careers and Personal Development Programme of Study. The Relationship Education, Relationships and Sex Education and Health Education Regulations 2019, made under sections 34 and 35 of the Children’s Social Work Act 2017, make Relationship and Sex Education compulsory for all students receiving secondary education. They also make Health Education compulsory in all schools.

The Relationships and Sex Education and Health Education policy (RSHE) is available to view on the Academy website. Below are the Programmes of Study for each year group, for Relationships and Sex Education, that your child will be following this academic year.

Please note that this year’s Programme of Study is part of the Recovery Curriculum as students were unable to study these topics due to the COVID-19 pandemic and periods of lockdown. The teaching of such sensitive topics is not recommended via remote learning.

RSHE Programme of Study 2021-2022:

Year Group	When it is studied	Content
7	Spring Term	Physical and emotional changes during puberty; menstruation; wet dreams; personal hygiene.
8	Spring Term	Managing puberty; Romantic relationships; consent; Healthy relationships; introduction to contraception; Safer online relationships; online grooming (including sexting); consent; viewing harmful content.
9	Spring Term	Consent and trust in a relationship; recognising healthy and unhealthy relationships; intimate relationships; Laws around sexual activity, Female Genital Mutilation (FGM); sexual intercourse; condoms; contraception; STIs; sexting - when nudes get shared; online sexual harassment; pornography.
10	Spring Term	Healthy and unhealthy relationships; Consent; contraception; STIs; pornography; choices around pregnancy – including abortion; successful parenting; marriage, cohabitation and civil partnerships; honour-based violence (including FGM) and forced marriage; domestic violence.
11	Spring Term	Re-cap on contraception and STIs; consent; sexual abuse and assault; reproductive health (including self-examination of breasts and testicles); abusive and coercive relationships.

If you have any questions, please contact the Academy by email to enquiries@tollbaracademy.co.uk or telephone 01472 500505 and ask to be directed to Mrs L Willoughby.

Yours faithfully

Mrs L J Willoughby
Curriculum Leader - Careers and Personal Development

Miss V. J Watts
Interim Principal

O:\Office\Management Office Secretarial\2021-2022\Letters To Parents\All Parents\Careers and Personal Development – Relationship and Sex Education Letter_08022022.docx